

FORMULATED BY DAVID HAASE, MD

Clinical Applications

- Supports Improved Body Composition*
- Supports Immune Function by Providing Immunoglobulins and Other Immune Factors*
- Supports Healthy Cytokine Production*
- Supports Intestinal Health*
- Supports Detoxification*

*Core-X represents an innovative approach to biotransformation for individuals whose health is constantly challenged. This all-natural, fructose-free formula includes ingredients that promote overall gastrointestinal health and support detoxification mechanisms and cytokine balance in the body. Core-X features patented and proprietary ingredients, including 21 g of Vegan Protein Blend, a non-GMO, vegetable-based protein, as well as IgG EndoDefense™, OncoDetox™ Daily (glucoraphanin), and arabinogalactan, a prebiotic. Practitioners have reported best results when Core-X is combined with a modified elimination diet.**

All Creating Health™ Formulas Meet or Exceed cGMP Quality Standards

Discussion

Vegan Protein Blend Creating Health™'s proprietary blend of pea protein isolate, glycine, taurine, rice protein concentrate, and L-glutamine provides 21 g of plant-based protein per serving of Core-X. Vegan Protein Blend is easily digested, is gluten-free, and achieves an amino acid score of 100%.^[1,2] This amino acid profile supports protein metabolism and lean body mass. Aminogen® enhances protein digestibility and absorption.*

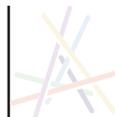
IgG EndoDefense™ is an immunoglobulin concentrate from colostrum whey peptides that delivers a minimum of 40% IgG immunoglobulin along with an array of compounds, including growth factors, sialic acid, lactoferrin, prolinerichpeptides (PRPs), oligosaccharides, and gangliosides. Each of these components provides the user with different and complementary health benefits, such as fundamental support of immune function and modulation, lean body mass, brain and thymus health, microbiota modulation, and cytokine balance.*^[3]

Oral consumption of immunoglobulins derived from colostrum is a means of supporting passive immunity, protecting the body, and eliminating unwanted molecules.^[4-7] The most versatile, IgG, is capable of carrying out all of the functions of immunoglobulin molecules, accounting for IgG EndoDefense™'s broad range of immune supportive effects.^[8] Review of the research confirms that bovine colostrum supplementation confers other benefits, such as the maintenance of gastrointestinal integrity.^[9-11] Oral immunoglobulins have been used in sports nutrition to support lean body mass,^[12] physical exercise, and recovery following high-intensity training.^[9,13] The 2.5 grams of immunoglobulins in each serving of Core-X contribute to individual dosing requirements.*

IgG EndoDefense™ (glucoraphanin) This patented plant-based ingredient, also known as sulforaphane glucosinolate, is extracted from one of its most concentrated cruciferous sources—broccoli seeds.^[14] An abundance of research demonstrates that when glucoraphanin is broken down to its active form, sulforaphane, it safely and effectively upregulates the body's natural phase II detoxification enzymes.^[15-17] This activity in turn supports antioxidant activity and helps protect cells, cell membranes, and tissues from free-radical damage.*

Arabinogalactan Sourced from the larch tree, arabinogalactan is a non-digestible, soluble dietary fiber that contains arabinose and galactose monosaccharides. It is considered an excellent source of fiber, favorably supports gut microflora as a prebiotic, and serves as a precursor to short-chain fatty acids, all elements that help support gastrointestinal health.*^[18,19]

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**





Vanilla

Nutrition Facts

About 14 servings per container

Serving size 2 Scoops (about 46g)

Amount per serving
Calories **170**

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 410mg	18%
Total Carbohydrate 15g	5%
Dietary Fiber 6g	21%
Total Sugars 6g	
Includes 5g Added Sugars	10%

Protein 21g	
Vitamin D 0mcg	0%
Calcium 35mg	3%
Iron 4mg	20%
Potassium 390mg	8%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Vegan Protein Blend (Company Name's proprietary blend of pea protein isolate, glycine, taurine, rice protein concentrate, and L-glutamine), dried cane syrup, fiber complex (inulin (from chicory) and oat fiber), natural flavors (no MSG), IgG EndoDefense™ (immunoglobulin protein concentrate), sunflower oil, arabinogalactan, tripotassium citrate, cellulose gum, xanthan gum, medium-chain triglyceride oil, Aminogen® (proprietary plant enzyme blend), OncoDetox™ Daily (truebroc broccoli seed extract), guar gum, stevia leaf extract, and silica.

CONTAINS: Milk

Directions

Blend, shake, or briskly stir 2 level scoops (46 g) into 8-12 oz chilled water and consume one to two times daily, or as directed by your healthcare practitioner. Adjust amount of water to desired sweetness and thickness.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged.



AMINOGEN® is a registered trademark of Innophos Nutrition, Inc. AMINOGEN® is protected under U.S. patent 5,387,422.



Produced under US patent 6,521,818 licensed from Brassica Protection Products LLC; truebroc is a registered trademark of Brassica Protection Products LLC.

Typical Amino Acid Profile Per Serving:

Alanine	1,130 mg	Methionine	280 mg
Arginine	2,100 mg	Phenylalanine	1,340 mg
Aspartic Acid	2,830 mg	Proline	1,180 mg
Cysteine	250 mg	Serine	1,380 mg
Glutamic Acid	4,140 mg	Taurine	500 mg
Glycine	3,010 mg	Threonine	1,050 mg
Histidine	620 mg	Tryptophan	270 mg
Isoleucine	1,110 mg	Tyrosine	950 mg
Leucine	2,090 mg	Valine	1,260 mg
Lysine	1,800 mg		

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Does Not Contain

Wheat, gluten, yeast, soy, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, or artificial preservatives.

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